



# 2023 WABASH TRACE NATURE TRAIL MARATHON

## HALF MARATHON MARATHON RELAY

IMOGENE - SHENANDOAH, IOWA

**Saturday, September 9th**



- 12th Annual Race, organized by Shenandoah Chamber & Industry Association, Southwest Iowa Nature Trails, City of Imogene and Sons & Daughters of Imogene
- Electronic Chip Timing, USATF Certified, Boston Qualifier
- The Wabash Trace Nature Trail is a mostly flat, tree-lined converted railroad line crossing through scenic Iowa countryside with a crushed limestone surface
- Out & back races begin and end in Shenandoah for the Marathon and Marathon Relay. Point-to-point Half Marathon begins in Imogene and finishes in Shenandoah
- Relay team divisions: Co-ed, Female, and Male (must provide own transportation to exchange points)
- 7:30 am start for Marathon & Relay in downtown Shenandoah
- 8:00 am start for Half at Imogene's St. Patrick Church
- 6 Hour time limit, finish line closes at 1:30



- New policy for hazardous weather to postpone race start when possible, 10% discount in place at [GetMeRegistered.com](http://GetMeRegistered.com) for runners in the canceled 2022 marathon with verification code from 2022
- Unique & fun water stations every 2 miles, first aid & emergency service on the trail
- Sign-up available for morning-of bus transport from Shenandoah Depot to Half Marathon start in Imogene. Bus will return drop bags to Depot for pick-up at finish.
- Early packet & t-shirt pickup in Shenandoah (619 W Sheridan Ave.) Friday, Sept. 8, 4-7 p.m. or at each start the morning of races
- Showers near finish line (423 W. Thomas Ave.)
- Medals, snacks & beverages at the finish. Awards presented at Depot Restaurant with free beer!

- Race results & photos at [www.onlineraceresults.com](http://www.onlineraceresults.com)

Register online [www.GetMeRegistered.com](http://www.GetMeRegistered.com) or Print entry form at [www.SCIAIowa.com](http://www.SCIAIowa.com)



# 2023 Wabash Trace Nature Trail Marathon, Half Marathon & Marathon Relay - September 9, Sponsored by Invenergy

New policy for hazardous weather to post pone race start when possible, 10% discount at [www.GetMeRegistered.com](http://www.GetMeRegistered.com) for runners who registered for canceled 2022 marathon with verification code from 2022



Shirts & medals to all finishers.  
Awards for Full and Half: Overall, 1st - 3rd in each gender and 1st & 2nd by age division (5 year increments, under 18 to 70 & over)

Awards for Relay: 1st Place for each division (Co-Ed, Female, Male)

## Shenandoah Chamber & Industry Association

619 W. Sheridan Avenue  
Shenandoah, IA 51601  
712-246-3455

Register online at

[www.GetMeRegistered.com](http://www.GetMeRegistered.com)

[www.sciaiowa.com](http://www.sciaiowa.com)



I know running can be dangerous. I shall not hold responsible any of the parties that are included in the organization and management of the Wabash Nature Trail Marathon, including but not limited to Southwest Iowa Nature Trails Project, Inc., Iowa Natural Heritage Foundation, Shenandoah Chamber & Industry Association, St. Patrick Church, Sons & Daughters of Imogene, the cities of Imogene and Shenandoah and Fremont, or Page Counties. Some of the dangers could include heat and humidity, twisted ankles, vehicles on the course, and other unforeseen things. I have trained properly for this event, and am aware of the dangers and stresses that an event of this magnitude can include.

Signature of Entrant, (parent or guardian if under 18) \_\_\_\_\_ Date \_\_\_\_\_

Name \_\_\_\_\_ Address \_\_\_\_\_ Email \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Birthdate \_\_\_\_\_ Age \_\_\_\_\_ Sex: M F Previous Race Time \_\_\_\_\_

**No entries accepted after 9/08/2023. Six hour time limit, Walkers should sign up for the half marathon.**

**Race-** Circle 1: Marathon (2022 verification code 10% off, full only) \_\_\_\_\_ 1/2 Marathon \_\_\_\_\_ Marathon Relay Team \_\_\_\_\_

Relay Team Name \_\_\_\_\_ Category: Co-ed Female Male

Relay legs are responsible for own transportation to exchange points. Each team member must complete registration.

Shirt Size: Small \_\_\_\_\_ Medium \_\_\_\_\_ Large \_\_\_\_\_ X-Large \_\_\_\_\_

Marathon Early Entry Fee \$70 \_\_\_\_\_ Marathon Late Entry Fee after 7/08/23 \$100 \_\_\_\_\_

Half Marathon Early Entry Fee \$50 \_\_\_\_\_ Half Marathon Late Entry Fee after 7/08/23 \$80 \_\_\_\_\_

Marathon Relay Early Entry Fee \$40 \_\_\_\_\_ Marathon Relay Late Entry Fee after 7/08/23 \$50 \_\_\_\_\_

**Pasta** available Friday, Sept. 8, at The Depot Restaurant, 101 Railroad St. & other local restaurants

**All fees are non-transferable and non-refundable. Make checks payable to SCIA.**

Mail To: Shenandoah Chamber & Industry Association, 619 W. Sheridan Ave., Shenandoah, IA 51601

Please direct questions to: [chamber@sciaiowa.com](mailto:chamber@sciaiowa.com), 712-246-3455. Find us on Facebook!



**Check below to Sign up for BUS from Depot Deli in Shenandoah to the Half Marathon start in Imogene**

Bags dropped at designated areas at starting point will be transported to the Depot for pick-up at the finish.

**Buses will depart Shenandoah for Imogene promptly at 6:45 a.m. Yes, I want a ride to the Half start! \_\_\_\_\_**

**Relay legs are responsible for own transportation to exchange points. Map at [www.SCIAIowa.com](http://www.SCIAIowa.com)**

Overnight accommodations: **Shenandoah**– Shenandoah Inn & Suites Hotel 620 W Sheridan Ave. (712-246-3000) [www.ShenandoahInnandsuites.com](http://www.ShenandoahInnandsuites.com), plus other motels, Camping available in Sportsman's Park (Shenandoah Parks & Rec., 712-246-3409) or Rapp Park (Page County Conservation, 712-542-3864).

**Imogene**- King's Cottage (713-882-4311), Sunny Side Saloon (Airbnb), Camping at Imogene Trailhead (515-210-0269)

[www.sciaiowa.com](http://www.sciaiowa.com)

[www.imogeneiowa.weebly.com](http://www.imogeneiowa.weebly.com)

[www.wabashtrace.org](http://www.wabashtrace.org)